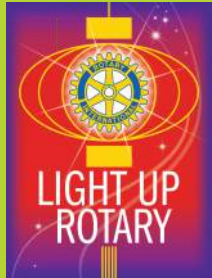


The Bulletin

Phillip Island and San Remo
District 9820



Week 3 : May 2015



A \$10 Bowelscan Bowel Cancer Test Kit Could Save Your Life. Visit your local pharmacy to collect your kit today. Service



District Governor:
Charlie Speirs

President: Dianne Barlow
5952 1021

Secretary: Phil Dressing
5952 5443

Meeting every MONDAY at 6.30pm. Visitors Welcome. RSL, Thompson Avenue, Cowes.

Rotary Breakfast

The objective of the meeting was to provide an overview of Rotary to our seven guests from an International to Club level. This was achieved with great support from all of the 12 Rotarians attending who spoke with clarity and experience about what they knew and enjoyed about being a Rotary member.

We commenced the meeting with our invocation and loyal toast and this was explained to our guests as the traditional way we commence all of our meetings. We then spoke about attendance at meetings and Bill outlined the Objects of Rotary. This was followed by Gary with our Four Way Test and what this means in our interactions both within and without The Rotary world.

Rotarians attending then

introduced themselves and a little of their background. We then asked our guests to do the same themselves. This provided a good backdrop to show that Rotary welcomes people from different backgrounds and experience.

We went on to provide details about our Avenues of Service. Specifically Phil provided a run-down on the organisation of Rotary, what it costs to be in a club and the International Avenue of Service.

Sally the covered Community Services and where and how we make our income for projects.

Gary followed with Vocation and then John T with Youth and took the opportunity of presenting a community Award to Brian Witkowski who was responsible for painting ROBART.

Ian also spoke about the role of

“Sergeant”.

Our guests asked and were given good answers to questions. All in all a session which was well received by our guests in an enjoyable and fun-filled manner.

Our guests were then advised about the process of joining Rotary and were formally invited to attend further meetings. This will be followed up by Rotarians.

I believe we achieved our objectives set for the meeting in both an informal and where necessary a formal manner. We, as well, enjoyed and were grateful for a hearty breakfast provided by the RSL at the Golf Club.

Report by Keith Gregory

Rotary vision: To harness the great power of friendship to help do the world's work.

1910-12 Paul P. Harris (Founder of Rotary)

Taken From “100 Outstanding Quotes from Rotary Presidents”

NEXT MEETING: Monday 25th May – **Partners Welcome**

Speaker: Don Cullen reporting on his work with the Tibetan Village Project Australia (TVPA).

Guest and Apologies: John Tennant ph. 0418 919 009 by 3 p.m.

Tibetan Project

Tibetan Village Project Australia Inc., (TVPA) is a not for profit, non political, non religious organisation established almost a decade ago by Don Cullen after he had travelled to Tibet enjoying high altitude trekking and working with local Tibetans.

Don felt he could help the local people regain their dignity and under the banner of TVPA set out helping to establish medical clinics, an orphanage, educational facilities and green houses.

It soon became apparent that by helping the Tibetans help themselves, a number of these projects, in a very short time became self sufficient.

The Rotary Club of Phillip Island and San Remo have been strong supporters over the past 4 years.

During that time, we have provided a solar powered shower block and arranged art training program at the orphanage in Tagong. We have also provided for 2 years, the stipends for teachers in Suhurong. Our Club has also helped with financing two greenhouses in order to provide fresh fruit and vegetables for the children's orphanage.

Don will be full of news about how all these established projects are faring and be very happy to discuss the new plans he is implementing to help the people of Tibet.

Please make an effort to attend this meeting and bring along friends, family and guests. Don is travelling to attend – so can we.

Newhaven Primary School Breakfast Roster

Date	Volunteer	Volunteer
26-May	Tony Cistillo	Kirsty Mawer
2-Jun	Vicki Dingley	Kirsty Mawer
9-Jun	Peter Kelly	Lyn Greene
16-Jun	Tony Cistillo	Vicki Dingley
23-Jun	Bill Pewtress	Kirsty Mawer

If you are unable to complete your commitment please find a replacement or contact Kirsty 0459 494 666. Volunteers need to be there at 0800-0915

SHUT UP AND LET ME BREATHE

SHUT UP AND LET ME BREATHE in support of VIOLENCE FREE FAMILIES, a ROTARY initiative.

Colleen Hewett, one of Australia's favourite entertainers and personalities, today releases a new single in support of Rotary's Violence Free Families Initiative. The song SHUT UP AND LET ME BREATHE is a call to arms for all Australians to stop the violence, take action and take positive steps to prevent the continued rise of domestic violence in Australian homes.

"Rotary have such great initiatives and this one is close to my heart because I am a survivor of domestic violence on several occasions. Looking back, I know I should have done something, but now I am. It is never too late to raise awareness," says Colleen of Shut Up And Let Me Breathe.

The film clip for 'Breathe' is as stirring as the words to the song. This stark video brings together people from all walks of life – some very well known personalities, others completely unknown. Familiar faces include Ian 'Molly' Meldrum (who produced her massive hit of the 70s Day By Day), Stephen Curry (who played Colleen's son, Damien Oliver, in the film The Cup). Eddie McGuire, Alan Jones, Neil Mitchell, AFL legends, Kevin Bartlett and Ron Barassi, Australian of The Year Rosie Batty, Peter Helliar, Derryn Hinch and many more. The video can be seen on YouTube.

The Prime Minister, Tony Abbott MP, offers his own personal support of this campaign and features in the video clip at the very end with a special message: "If there is one place in the world women and children should feel safe it's in their own homes. But for far too many Australians the family home is not a refuge. As a husband, as a brother of 3 sisters, as a father of 3 daughters, I find violence against women and children absolutely abhorrent. I commend Rotary, Colleen Hewett and everyone else involved in producing this campaign."

Shut Up and Let Me Breathe was written by Darwin writer Tracey by Australian Tracey Bunn. It is the first the single to be released from Colleen's forthcoming album BLACK AND WHITE, released 22nd May.



violence free families

Rotary Invocation: For good food and good fellowship and the opportunity of service through Rotary, we give thanks.

The Toast: "To Australia, Rotary and the Queen" *Or* "To Australia and Rotary"

Volunteers Wanted

Please Help – the Op Shop needs you.
Please call the shop manager:
Pauline 0407 699 278

Phillip Island and San Remo

Rotary



Looking Ahead...

More

~ May 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
24	25 BISTRO Speaker Don Cullen Update on Tibetan Village Projects.	26	27	28	29 RYPEN Weekend	30
31	AUSTRALIAN ROTARY HEALTH MONTH					

~ June 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 ANZAC ROOM Disaster Aid Presentation	2	3	4	5	6
7	8 QUEEN'S BIRTHDAY – NO ROTARY RSL not available	9	10	11 Board meeting	12	13
14	15 MUNA/RYPEN Night	16	17	18	19	20
21 Our Changeover Lunch	22 CHANGEOVER WEEK No Rotary	23	24	25	26	27
28 District Changeover	29 RSL not available	30	FELLOWSHIP MONTH			

Contributions Needed and Welcomed. Please think about contributing to the Bulletin even if it is to share a joke, tell a tale, or of more value share something you know about our Rotary history. What have you been doing in the name of Rotary this week.... Please share.